





PERSONAL INFORMATION

Iolanda Mitrofan



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Sex Female | Date of birth 10/02/1950 | Nationality Română

PERSONAL STATEMENT

University Professor and PhD Coordinator with over 50 PhD Dissertations coordinated since 1997 on topics such as Psychotherapy, Counseling Psychology, Clinical Psychology and Personal Development.

Author and co-author of 52 Books and Handbooks, 33 Book Chapters, 111 Articles and 7 Audiobooks on topics such as Psychotherapy, Counseling Psychology, Clinical Psychology and Personal Development.

Creator of the U.E.P. Approach (Experiential Unifying Psychotherapy) and of technical and methodological innovations for Trans-Generational Unifying Analysis (ATrU) - drama-genogram, art-genogram mediated by natural elements, somatic-genogram (original, researched and validated diagnosis and therapeutic instruments).

Creator and promoter of the Experiential Diagnosis (implemented in the training, research and practice of the clinical and educational field).

Creator and promoter of the DPU Approach (Unifying Personal Development) as a formative basis for Counselors and Psychotherapists, implemented in the complementary and transversal university and pre-university education.

Psychotherapist and Researcher with over 50 Research Projects coordinated.

Founder and Head-Trainer of the Romanian Society for Experiential Psychotherapy with over 500 trained specialists in the fields of Psychotherapy, Counseling Psychology and Clinical Psychology.

Founder and Scientific Coordinator of the Journal of Experiential Psychotherapy.

Scientific fellowship activities in France, Canada, Spain, Holland and U.S.A. (1993-2002).

Coordinator of validation studies and practical studies of the Experiential Unifying Psychotherapies and its derivatives through PhD and Master Degree Researches, interconnected, coordinated, published and implemented in the field of practice in Romania presented at National and International Conferences.

Drama-therapy Practitioner, dance and movement therapy, meditative body therapies

WORK EXPERIENCE

1990–Present

University Professor

University of Bucharest, Faculty of Psychology and Educational Sciences
Panduri 90, Sector 5, Bucharest (Romania)

<http://fpse.unibuc.ro/>

- Courses taught include:

Bachelor degree level: Experiential psychotherapies, Family therapies, Family psychology and psycho-sexuality

Master degree level: Expressive-creative therapies (DMT) and visual art therapies, Experiential Psychotherapy of Unification, Experiential Unifying Didactic Analysis, Unifying Trans-Generational Analysis (Psycho-Genalogy), Modern behavioral psychotherapy training techniques and supervision

- Bachelor and Master level Thesis coordinator
- PhD Dissertation coordinator

- Developing the Curricula for three Master Degree programs centered on Unifying Experiential Psychotherapy and Personal Development, Child, Couple and Family Evaluation and Psycho-Diagnosis, Psychotherapy and Clinical Psychology

Business or sector Education

1997–Present **PhD Dissertation Coordinator**

University of Bucharest, Faculty of Psychology and Educational Sciences
90 Panduri, Sector 2, Bucharest (Romania)
<http://fpse.unibuc.ro/doctorat/>

Over 50 PhD Thesis Coordinated on topics such as:

- Clinical Psychology (Evaluation and Intervention)
- Experiential Unifying Psychotherapy
- Trans-Generational Analysis and Psychotherapy
- Personal Development
- Psycho-Oncology
- Trauma Therapy
- Group and Art Therapy (Expressive-Creative Therapies)
- Corporal Therapies
- Psychosomatics (Evaluation and Intervention)
- Family Psychology
- Couple Psychology and Therapy
- Social Psychopathology
- Experiential (situation-based) Diagnosis and Human Optimization - applications in educational, family, social and organizational fields

Business or sector Education

1997–Present **Founder, Head-Trainer and General Manager**

Romanian Society of Experiential Psychotherapy (SPER Institute)
17Independentei, bl. 101, sc. 2, etaj 4, ap. 29, Sector 5, Bucharest (Romania)
<http://sper.ro/>

Training Center for Psychotherapists, Counseling Psychologists and Clinical Psychologists, accredited by the Romanian Psychologists's Guild, with over 500 specialists trained.

Researching and Teaching the original Unifying Experiential Psychotherapy approach.

Curricula includes:

- **(Unifying Experiential Psychotherapy (P.E.U.)** Adult - Child - Family Centered Program
- **Psychological Counseling** – Adult, Child and Family Experiential Evaluation and Counseling
- **Clinical Psychology**

Business or sector Education

1998–Present **Founding Editor**

Journal of Experiential Psychotherapy, Bucharest (Romania)
www.jep.ro

A CNCSIS accredited, B+, quarterly printed and online peer-reviewed scientific Psychology Journal published by the SPER Institute in English language, Indexed in 3 International Databases (Index Copernicus Journals Master List, EBSCO Publishing and SCIPRO) focusing on researches and case-studies regarding everything related to Experiential Psychotherapy (74 Issues published since 1998).

Business or sector Scientific Research

- 1997–Present **Scientific Coordinator and Founding Director**
SPER Publishing House, Bucharest (Romania)
www.sper.ro/editura
Publishing House centered on publishing original books on topics such as Psychotherapy, Counseling Psychology, Clinical Psychology and Personal Development, CNCSIS accredited.
Approximately 190 original books published.
Initiator and reviewer of the "Masteralia", "Doctoralia" and "Caiete Experimentale" collections who release and promote young Romanian scientific talents in the academic and practical field of Counseling, Psychotherapy and Personal Development.
Business or sector Publishing
- 2010–Present **Initiator and Scientific Coordinator**
Annual International Experiential Psychotherapy Conference
<http://www.sper.ro/conferinta/>
An annual International Experiential Psychotherapy Conference, (7 Editions organized from 2010 to present, with about 200 participants, 25 workshops, and about 20 University Professors and Lecturers in the Scientific Committee every year).
Business or sector Education
- 1990–1997 **1st Class Scientific Researcher, Chief of Neuro-Psycho-Sensory Research Laboratory**
National Institute for Medical Expertise and Work Capacity Recovery
22 Panduri, Sector 5, Bucharest (Romania)
<http://www.inemrcm.ro/>
Research Projects Coordination
Business or sector Human health and social work activities
- 1977–1990 **Scientific Researcher**
National Institute for Medical Expertise and Work Capacity Recovery
22 Panduri, Sector 5, Bucharest (Romania)
<http://www.inemrcm.ro/ro>
Psycho-Diagnosis, Psychotherapy and Counseling Psychology.
During this time I have created and developed a special program for the recovery of mentally ill and psychosomatic patients.
Business or sector Human health and social work activities
- 1973–1977 **Scientific Researcher**
The Scientific Research Institute for Work Safety
35 A, Ghencea Blv, Sector 6, Bucharest (Romania)
<http://www.inpm.ro/>
Work Capacity Examination, Personnel Selection, Counseling Psychology
Business or sector Human health and social work activities

EDUCATION AND TRAINING

Various Trainings

Visiting Professor at Universities in France, Spain, Canada, USA.

Other attended training sessions:

- Psychosexual group counseling for couples (Romania-France, 1990)
- Experiential creative therapies – dermathery, visual arts, dance and movement therapy and Goldstein method (Holland, Sittard, 1993-1996, Tempus Program)
- Reiki Analysis and somatic analytical body therapies (France, 1998-1999 and Romania, 1999-2000)
- (N.L.P.) Neuro Linguistic programming (Holland, 1995, Tempus Program)
- Gestalt Therapy (Romania – Belgium, partnership between the University of Bucharest and "Y voir claire" Communitarian Gestalt Therapy Center, Belgium, 1999-2000)
- Modular contextual psychotherapy focused on trauma, with Francis Macnab (partnership Romania-Australia, between the University of Bucharest and Carinmillar Institute, 2000)
- Psychoanalytical psychotherapy focused on child, couple and family (France-Romania partnership, 2000-2003)
- Alternative holistic therapies (reiki, radiant technique, transpersonal development (Romania, 1993, 1999 and 2001)

Also, as part of a scientific exchange from March 2001 at the Psychopathology and Psychotherapy Research Institute, Lyon, France, I attended formative seminars in: Family psychoanalytical psychotherapy (with C. Joubert), Child psychoanalytical psychotherapy (with B. Chouvier), Group analytical psychodrama (with C. Vacheret).

1969–1973 **Psychologist**

University of Bucharest, Faculty of Philosophy, Psychology Department, Bucharest (Romania)

Industrial Organizational Psychology, Educational Psychology, Clinical Psychology, Psycho-Diagnosis, Educational Counseling, Career Counseling, Personnel Selection

PERSONAL SKILLS

Mother tongue(s) Romanian

Other language(s)

	UNDERSTANDING		SPEAKING		WRITING
	Listening	Reading	Spoken interaction	Spoken production	
English	B1	B1	B1	B1	B1
French	C2	C2	C2	C2	C2

Levels: A1 and A2: Basic user - B1 and B2: Independent user - C1 and C2: Proficient user
 Common European Framework of Reference for Languages

Communication skills

Team spirit, good communication skills, good motivational support for others. I developed these competences since faculty, and afterwards as a researcher and psychotherapist by participating in multiple scientific and practical activities in a multidisciplinary team, and as a chief of a research laboratory for neuro-psychiatric recovery. All these competences were subsequently perfected because, most of all, of my duties in organizing and conducting the activity of the Personal Development, Counseling and Experiential Psychotherapy center from the University of Bucharest and of the Romanian Society for Experiential Psychotherapy.

Organisational / managerial skills

Leadership – I was Executive Director of the Personal Development, Counseling and Experiential Psychotherapy center from the University of Bucharest; I coordinated the activity of the young teachers that work in the Master Program "Psycho-Diagnosis and Psychotherapy" from the Faculty of Psychology and Educational Sciences, University of Bucharest.

Digital competence

Good skills with Microsoft Office suites (Word, Excel and PowerPoint)

ADDITIONAL INFORMATION

Publications

Audiobooks authored:

- Mitrofan, I. (2015). *The Fratricide Bullet; The Chronicle of a Confused World*. Bucharest: SPER Publishing House, 1 CD ISBN 978-606-8429-47-2;
- Dumitrache, S.D., Mitrofan, I. (2015). *Towards Yourself: Creative, Personal Development and Well-Being Meditation Exercises*. Bucharest: SPER Publishing House. 1 CD, ISBN 978-606-8429-45-8;
- Gatej, E.R., Mitrofan, I. (2013). *Unifying Creative Meditation Exercises in Preparing and Optimizing the Automobile Driver's Behavior*. Bucharest: SPER Publishing House. ISBN 978-606-8429-33-5;
- Mitrofan, I. (2012). *Flashes from flowing happening: the Journal of an Anonymous Therapist; Therapeutic Poetry*. Bucharest: SPER Publishing House. 1 CD, ISBN 978-606-8429-28-1;
- Mitrofan, I. (2011). *Happiness Practice: Therapeutic Poetry*. Bucharest: SPER Publishing House. 1 CD, ISBN 978-973-8383-50-0;
- Mitrofan, I. (2011). *The Experience of Change, The Metamorphosis - Unifying Creative Meditation Exercises; Vol. 2 - Casual Journeys Toward the Self*. Bucharest: SPER Publishing House. 2 CDs, ISBN 978-973-8383-84-5;
- Mitrofan, I., Gatej, E.R. (2010). *The Art of Transfiguration - Unifying Creative Meditation Exercises; Vol. 1 - Casual Journeys Toward the Self*. Bucharest: SPER Publishing House. 2 CDs, ISBN 978-973-8383-50-0.

Authored Books:

- Mitrofan, I. (2015). *The Fratricide Bullet; The Chronicle of a Confused World*. Bucharest: SPER Publishing House. 200 pages, ISBN 978-606-8429-42-4;
- Mitrofan, I. (2012). *Flashes from flowing happenings - The Journal of an Anonymous Therapist; Therapeutic Poetry*. Bucharest: SPER Publishing House. 131 pages, ISBN 978-606-8429-05-2;
- Mitrofan, I. (2012). *The Forgers of Worlds; Therapeutic Poetry*. Bucharest: SPER Publishing House. 25 pages, ISBN 978-606-8429-05-2;
- Mitrofan, I. (2011). *Happiness Practice; Therapeutic Poetry*. Bucharest: SPER Publishing House. 100 pages, ISBN 978-973-8383-74-6;
- Mitrofan, I. (2010). *Good Morning, Reality! Satori Mundan; Therapeutic Poetry*. Bucharest: SPER Publishing House. 146 pages, ISBN 978-973-8383-72-2;
- Mitrofan, I. (2012). *The Dreamful Ones; Therapeutic Poetry*. Bucharest: SPER Publishing House. 39 pages, ISBN 978-606-8429-06-9;
- Mitrofan, I. (2009). *Casual Journeys Towards the Self; 20 Unifying Meditation Exercises*. Bucharest: SPER Publishing House. 191 Pages, ISBN 978-973-8383-44-9;
- Mitrofan, I. (2004). *The Unifying Therapy; A Holistic Approach to Human Development and Transformation*. Bucharest: SPER Publishing House. 283 pages, ISBN 973-8383-08-0;
- Mitrofan, I. (2001). *Creative Meditations; The Transfiguring Metaphor and the Extended Consciousness*. Bucharest: SPER Publishing House. 156 pages, ISBN 973-85330-9-0;
- Mitrofan, I. (1989). *The Conjugal Couple; Harmony and Disharmony*. Bucharest: Scientific and encyclopedic publishing house. 277 pages, ISBN 973-29-0085-7.

Co-Authored Books:

- Mitrofan, I., Petre, L. (2013). *The Art-Genogram; Trans-Generational Diagnosis and Unifying Therapy*. Bucharest: SPER Publishing House. 342 pages, ISBN 978-606-8429-21-2;
- Mitrofan, I., Buzducea, D. (2011). *Trauma Centered Counseling and Therapy*. Bucharest: SPER Publishing House. 193 pages, ISBN 978-973-8383-81-4;
- Mitrofan, I., Ciuperca, C. (2009). *Couple Relationship Psychology; Theoretical and Practical Approach*. Bucharest: SPER Publishing House, 184 pages, ISBN 973-8383-11-0;
- Mitrofan, I., Ene, A. (2005). *We play by learning ... we learn by playing! Computer-aided Personal Development in Experiential Group*. Bucharest: SPER Publishing House. 148 pages, ISBN 973-8383-29-3;
- Mitrofan, I., Stoica, D. (2005). *Trans-Generational Analysis inside the Unifying Therapy*. Bucharest: SPER Publishing House. 205 pages, ISBN 973-8383-28-5;
- Mitrofan, I., Nuță, A. (2005). *Psychological Counseling; Who, What and How?* Bucharest: SPER Publishing House. 154 pages, ISBN 973-8383-30-7;

Mitrofan, I., Ciuperca, C. (2002). *Couple Life Psychology; Between Illusion and Reality*. Bucharest: SPER Publishing House, 184 pages, ISBN 973-8383-11-0;

Mitrofan, I. Vasile, D. (2001). *Family Therapy*. Bucharest: SPER Publishing House. 199 pages, ISBN978-606-8429-08-3;

Mitrofan, I., Nuta, A. (1999). *Consciousness Games, or the Unifying Therapy*. Bucharest: SPER Publishing House. 134 pages, ISBN 973-99221-0-4

Mitrofan, I. & Buzducea, D. (1999). *The Psychology of Loss and the Therapy of Pain*. Bucharest: Albedo Publishing House. 359 pages, ISBN: 973-44-0041-X;

Mitrofan, I., Ciuperca, C., (1998). *Incursion into the Family's Psycho-Sociology and Psycho-Sexology*. Bucharest: Edit Press Publishing House, 392 pages, ISBN 973-9415-00-8;

Mitrofan, I., Ciuperca, C., (1998). *Between Sexes Relationship Psychology; Mutations and Alternatives*. Bucharest: Alternative Publishing House. 368 pages, ISBN 973-9216-25-0;

Mitrofan, N., Mitrofan I. (1996). *Couple Psychology Elements; Revised Edition*. Bucharest: Șansa Publishing House. 254 pages, ISBN 973-9167-65-9;

Mitrofan, N., Mitrofan I. (1994). *Couple Psychology Elements*. Bucharest: Șansa Publishing House. 190 pages, ISBN 973-9167-18-7;

Mitrofan, I. Mitrofan, N. (1991). *The Family, from A to Z*. Bucharest: Scientific Publishing House, 359 pages, ISBN 973-44-0041-x.

Books Edited and Co-Authored:

Mitrofan, I., Godeanu, C.D., Godeanu, A.S. (2010). *Psycho-Genalogy; Diagnosis, Intervention and Family History Healing*. Bucharest: SPER Publishing House. 228 pages, ISBN 978-973-8383-59-3;

Mitrofan, I. (2008). *Psychotherapy; Theoretical, Methodological and Applicative Reference Points*. Bucharest: SPER Publishing House. 504 pages, ISBN 978-973-8383-38-8;

Mitrofan, I. (2001). *Child Psychopathology, Psychotherapy and Counseling*. Bucharest: SPER Publishing House. 360 pages, ISBN 973-99221-9-8;

Mitrofan, I. (coord.) (2003). *The Hurdle-Race of Human Development; Psychology, Psychopathology, Psycho-Diagnosis, Child and Family Psychotherapy*. Iasi: Polirom Publishing House. 480 Pages, ISBN: 973-681-440-8;

Mitrofan, I. (coord.) (2000). *The Experiential Approach in Psychotherapy; Personal, Interpersonal and Transpersonal Development*. Bucharest: SPER Publishing House. 369 pages, ISBN 973-99221-4-7;

Mitrofan, I. (1997). *Experiential Psychotherapy; A Paradigm for Self-Restructuring and Personal Development*. Bucharest: Infomedica Publishing House. 355 pages, ISBN: 973-98331-0-1.

Books Edited:

Mitrofan, I., Cucu Ciuhan, G., Vladislav, E.O., Anghel-Stemate, R. (2014). *Children and Adolescents; Problems, Disorders and Psychotherapeutic Intervention*. Bucharest: SPER Publishing House. 304 pages, ISBN 978-606-8429-34-2;

Mitrofan, I., Gatej, E.R. (2013). *Unifying Creative Meditation in Training the Automobile Driver*. Bucharest: SPER Publishing House. 192 pages, ISBN 978-973-8383-71-5;

Mitrofan, I., Papasteri, C.C. (2013). *Oncologic Diseases: Unifying Experiential Psychotherapeutic Approach*. Bucharest: SPER Publishing House. 192 pages, ISBN 978-606-8429-25-0;

Mitrofan, I., Mindu, S. (2013). *Anxious-Depressive Disorders; Experiential Diagnosis and Unifying Therapy, Symptomatically, Existentially, Trans-Generationally*. Bucharest: SPER Publishing House. 245 pages, ISBN 978-606-8429-24-3;

Mitrofan, I., Constantin, V. (2013). *Experiential Learning through Drama-Therapy; Application for teaching Biology*. Bucharest: SPER Publishing House. 95 pages, ISBN 978-606-8429-17-5;

Mitrofan, I. Patulea A. N. (2012). *Experiential Unifying Psychotherapy in the Confrontation with the HIV Virus, when the Phantasms push me, my Immunity fails*. Bucharest: SPER Publishing House. 90 pages, ISBN 978-606-8429-16-8;

Dumitrache, S.D., Mitrofan, I., (2012). *Behind the scenes of the Unifying Experiential Psychotherapy; Case Studies and Applicative Research*. Bucharest: SPER Publishing House. 281 pages, ISBN 978-606-8429-11-3;

Mitrofan, I., Sandovici, O., Albisor, G.G. (2012). *Validation Studies and Applied research of Trans-Generational Unifying Experiential Psychotherapy in Education, Personal Development and Clinical Psychology; Study nr. II: Artistic Creation and Psychopathologic Tendencies of Young Plastic Artists - Research and Therapeutic Intervention from a Unifying Trans-Generational Perspective*. Bucharest: Bucharest University Press. 222 pages, ISBN: 978-606-16-0140-0;

- Mitrofan, I., Sandovici, O., Albisor, G.G. (2012). *Validation Studies and Applied research of Trans-Generational Unifying Experiential Psychotherapy in Education, Personal Development and Clinical Psychology; Study nr. I: The Relationship Sensitive Delirium as a Metaphor of Trans-Generational Aggression*. Bucharest: Bucharest University Press. 284 pages, ISBN: 978-606-16-0139-4;
- Mitrofan, I., Ghita, S.E. (2012). *Behind the Abusive Shield; the Perpetuation of the Victim-Role along the Trans-Generational Line*. Bucharest: SPER Publishing House. 128 pages, ISBN 978-606-8429-00-7;
- Mitrofan, I. Stan, R.S. (2012). *Metaphor, Auto-Transformation and Group Personal Development; an Unifying Experiential Approach*. Bucharest: SPER Publishing House. 119 pages, ISBN 978-606-8429-02-1;
- Mitrofan, I. Vladila, L.N. (2012) *The Child and the Tree; A Case Study*. Bucharest: SPER Publishing House. 98 pages, ISBN 978-606-8429-01-4;
- Mitrofan, I., Porumboiu, A. (2012). *The Autistic Disorder; The Road Travelled Towards Normality*. Bucharest: SPER Publishing House. 130 pages, ISBN 978-973-8383-97-5;
- Mitrofan, I., Stoica, V.M. (2012). *Through the Phantasms of an Unlived Life. The Experiential-Trans-Generational Accompaniment of a Leukemic Clinical Case*. Bucharest: SPER Publishing House. 109 pages, ISBN 978-973-8383-98-2;
- Mitrofan, I., Stancu, I., Godeanu, C.D., Seramis, S., Ciolompea, T., Dorobat, L., Keymeulen, R. (2011). *The Therapy of Drug Addiction; Possibilities and Limits*. Bucharest: SPER Publishing House (second edition). 301 pages, ISBN: 973-8383-86-9;
- Mitrofan, I., Godeanu, C.D., Cotiga, A.C., Pop, O.A. (2011). *Validation Studies and Applied research of Trans-Generational Unifying Experiential Psychotherapy in Education, Personal Development and Clinical Psychology; Volume II: Education, Applications in Family, Child, Adolescent and University Students Education, Counseling and Development*. Bucharest: Bucharest University Press. 417 pages, ISBN 978-973-737-926-9;
- Mitrofan, I., Enache, R. Vladislav, E.O., Anghel, E., Nastasa, L.E. (2010). *Validation Studies and Applied research of Trans-Generational Unifying Experiential Psychotherapy in Education, Personal Development and Clinical Psychology; Volume I, Part II: Education, Applications in Family, Child, Adolescent and University Students Education, Counseling and Development*. Bucharest: Bucharest University Press. 802 pages, ISBN: 978-973-737-776-7;
- Mitrofan, I., Enache, R. Vladislav, E.O., Anghel, E., Nastasa, L.E. (2010). *Validation Studies and Applied research of Trans-Generational Unifying Experiential Psychotherapy in Education, Personal Development and Clinical Psychology; Volume I, Part II: Education, Applications in Family, Child, Adolescent and University Students Education, Counseling and Development*. Bucharest: Bucharest University Press. 802 pages, ISBN: 978-973-737-777-7;
- Godeanu, C.D., Godeanu, A.S., Mitrofan, I. (coord.) (2009). *The Vocabulary of Trans-Generational Analysis*. Bucharest: SPER Publishing House. 286 pages, ISBN 978-973-8383-42-5;
- Mitrofan, I. (2008). *Experiential Psychotherapies; Personal, Interpersonal and Transpersonal Development (Course Hand-Out for the 3rd year Long Distance Learning Students)*. Bucharest: Faculty of Psychology, University of Bucharest. 220 pages;
- Mitrofan, I., Stancu, I., Godeanu, C.D., Seramis, S., Ciolompea, T., Dorobat, L., Keymeulen, R. (2003). *The Therapy of Drug Addiction; Possibilities and Limits*. Bucharest: SPER Publishing House (first edition). 243 pages, ISBN 973-8383-01-3.

Authored Book Chapters:

- Mitrofan, I. (2009). Through the Ajar Window/ Flashes from a Unifying Therapeutic Dialogue. In Zamfirescu, D.M., *Romanian Psychotherapy Tales, 19 Peculiar Cases* (pp.219-256). Bucharest: 3 Publishing House;
- Mitrofan, L. (2007). Personal Development, Explanatory Theoretical Framework. The need to implement an educational project focused on psycho-behavioral skills. In Mitrofan, L. et al. Personal Development – Transversal Academic Competence (New Educational Paradigm) (pp. 15-26). Bucharest: Bucharest University Press;
- Mitrofan, I. (2001). Unifying Therapy. A new Experiential Psychotherapy. In Zlate, M., *Psychology at the Crossroads of the Millennia* (pp.390-441). Iasi: Polirom Publishing House;
- Mitrofan, I. (1999). Preface in Buzducea, D., *Fortresses and Ruins. Introduction to Study of Social Problems*, Bucharest: Scientific and Technical Publishing House;
- Mitrofan, I. (1999). Psychotherapy Elements for Psychosomatic Patients. In Iamandescu, I.B., *General and Applied Psychosomatic Elements* (pp. 127-143). Bucharest: Infomedica Publishing House;

- Mitrofan, I. (1998). Teenagers – Parents – Teachers, a Bermuda Triangle in Education. In Robea, M. (Eds.) *Class Master. Coordination Class. Teenagers Volume III* (pp. 69-75). Bucharest: Learning Tribune Publishing House;
- Mitrofan, I. (1997). Erotic Partnership – a Complex Process of Inter Development of Sex Roles. In Zlate, M. (Eds.) *Psychology of everyday life* (pp. 177-178). Iasi: Polirom Publishing House;
- Mitrofan, I. (1997). "Serial Drawing - as Diagnosis and Therapeutic Approach". In Dima, S., *Childhood, Foundation of Personality* (pp.189-200). Bucharest: Preschool Learning Magazine Publishing House;
- Mitrofan, I. (1997). Psychosexual Identity and Development. In Dima, S., *Childhood, Foundation of Personality*. Bucharest: Preschool Learning Magazine Publishing House;
- Mitrofan, I. (1995). Community Reintegration of the Disabled Mentally Ill, Methods, Alternatives and Current Possibilities. In *Current Issues in the Assessment of Labor Capacity and Recovery of Patients with Mental Deficiencies* (pp.67-77). Pitesti;
- Mitrofan, I. (1995). The mentally Ill, Between Blackmail and Disability. In *Current Issues on the Assessment of Labor capacity and recovery of patients with mental deficiencies* (pp. 105-110). Pitesti;
- Mitrofan, I. (1995). A Chance for the Future in Family. In *Family*. Malta: The Magisterium International Club;
- Mitrofan, I. (1992). The Family Dialogue. In Ceausu, V. , Pitariu H. , Toma M. (Eds.), *Psychology Office* (pp. 39-57). Bucharest: Romanian Academy Publishing House;
- Mitrofan, I. (1989). Interpersonal Relationship dynamics and Married Couple Functionality. In *Family, Population and Education* (pp. 15-20) Bucharest: University of Bucharest Sociological Research Center;
- Mitrofan, I. (1988). For a Harmonious Marriage. In Ceausu, V. , Pitariu, H. , Toma, M. (Eds.), *Psychology and The Daily Life* (pp. 45.39; 37-41). Bucharest: Romanian Academy Publishing House;
- Mitrofan, I. (1988). Experimental Recovery Model in Schizophrenia, 3rd Episode. In *Synthesis of the research conducted at I.E.M.R.C.M. in 1988*. Bucharest: Romanian Labor Ministry Publishing House;
- Mitrofan, I. (1987). Pathological Behavioral Risk Dysfunctional Marital Interactions. In Pyrozynski, T. (Eds.), *Psychiatric Care for Pathological Behavioral Risk Cases*. Supplement to the Medical-Surgical Journal. Iasi: Society of Physicians and Naturalists;
- Mitrofan, I. (1987). Longitudinal Study of the Clinical Evolution and Work Capacity Oscillations in Schizophrenic Processes in order to determine the Influence of the Clinical Presentation and Therapy in recovering the Work Capacity. In *1986 I.E.M.R.C.M. Research Papers Synthesis* (pp. 331-354). Bucharest: I.E.M.R.C.M.;
- Mitrofan, I. (1987). A Catamnestic Study on the Dynamics of Disability and Socio-Professional Reintegration of a Category of mentally Deficient Patients Surveyed and Recovered in the Period 1981-1985 at the I.E.M.R.C.M. in order to improve the Recovery Criteria. In *Synthesis of the Research Conducted at I.E.M.R.C.M. in 1986* (pp. 379-398). Bucharest: I.E.M.R.C.M.;
- Mitrofan, I. (1987). Longitudinal study of the Clinical evolution and work capacity oscillations in schizophrenic processes in order to determine the influence of the clinical presentation and therapy in recovering the work capacity. In *Synthesis of the Research Conducted at I.E.M.R.C.M. in 1987* (pp. 339-368). Bucharest: I.E.M.R.C.M.;
- Mitrofan, I. (1985). Psycho-Social Diagnosis and Family Therapy in the Assessment and Recovery of Psychogenic Disabled Patients. In Pyrozynski, T. (Eds.), *Psychiatry Today, News and Perspectives in Mental Illness Care* (pp. 218-221). Supplement to the Medical-Surgical Journal (pp.218-221) Iasi: Society of Physicians and Naturalists;
- Mitrofan, I. (1985). Experimental Poly-Focused Model on the Recovery of Work Ability in a Group of Patients with Schizophrenia. In Pyrozynski, T. (Eds.), *Psychiatry Today, News and Perspectives in Mental Illness Care* (pp. 131-134). Supplement to the Medical-Surgical Journal (pp.218-221) Iasi: Society of Physicians and Naturalists;
- Mitrofan, I. (1984). Criteria for using Psychotherapeutic Treatment in the Prevention and Improvement of Mental Disability - Methodological Guide Draft. In *1983 I.E.M.R.C.M. Research Papers Synthesis* (pp. 138-186). Bucharest: I.E.M.R.C.M.;
- Mitrofan, I. (1984). A Possible and Necessary Psycho-Diagnosis, Psychology and Family Psycho-Social Therapy Model. In *The psychology in Romania*. (pp. 95-96). Bucharest: Social-Political Sciences Academy Publishing House;
- Mitrofan, I. (1984). Interactional Patterns in the Evolution of the Parental Couple. In *The psychology in Romania*. (pp. 82-91). Bucharest: Social-Political Sciences Academy Publishing House;
- Mitrofan, I. (1984) Study regarding the Family Therapy Techniques in the Psychogenic Debilitating

Disorders and with Debilitating Potential for the Socio-Professional Reintegration. In 1983 *I.E.M.R.C.M. Research Papers Synthesis* (pp. 432-440). Bucharest: I.E.M.R.C.M.;

Mitrofan, I. (1984) The Structure and Results of Experimenting a Psychotherapy Model aimed at the Social Reintegration of Schizophrenic Patients. In *The psychology in Romania* (pp. 275-277). Bucharest: Social-Political Sciences Academy Publishing House;

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Conference Presentations

A Partial List of Conference Presentations:

- Mitrofan, I. (2016). Entrepreneurship in psychological services - Creativity and Realism. Roundtable headed at the Experiential Psychotherapy and Personal Development Conference: "Challenges, experiences, innovations, psycho-corporal connections and inter-disciplinary openings", Bucharest, Romania.
- Mitrofan, I., Constantin, V. (2015). The Effects of Creative Improvisation through Literature Technique on Self-Esteem, in a Unifying Personal Development Group. Paper presented at the 5th edition of The "Psiworld" International Conference. Bucharest, Romania
- Mitrofan, I. Petre, L. (2012). Art-Genogram effects on Dyadic Relationship Dynamic as a Unifying Trans-Generational Psychotherapy Technique. Paper presented at the third edition of The International Conference "Psychology and the realities of the contemporary world" Third Edition. Bucharest, Romania
- Mitrofan, I. (2011). The (U.E.P.) Unifying Experiential Psychotherapy Method in Clinical Psychology, Personal Development and Education-Theoretic and Methodological Specific, Validation, Applied Domains. Paper presented at the Psiworld" International Conference, Bucharest, Romania.
- Mitrofan, I. Olteanu, A.S. (2011). Comparative Analyses of Three Different Creative Models to Optimize the Developmental Processes of Pre-School Children. Paper presented at the "Psiworld" International Conference, Bucharest, Romania.
- Mitrofan, I, Coman, P. (2011).Elaborating and Implementing an Experiential-Systemic Counseling Model (E.S.C.) for Adolescents Victims of Intra-Family Violence. Paper presented at the "Psiworld" International Conference, Bucharest, Romania.
- Mitrofan, I. (2009). A man and two women; Case Study - Flashes from Unifying treatment Course, Paper presented at Third International Conference on Applied Psychology: „Diversity and consistency", Gura Humorului, Romania.
- Mitrofan, I. (1996). Domestic Violence, between Concealment. Revealing and Psycho-Pathogenic Impact; Interdisciplinary conference of the Romanian Medical Association. Sibiu, Romania.

Workshops

A Partial List of Headed Workshops:

- Mitrofan, I., Cardas, F.D. Manea, A.I. (2015). The Mind-Body Creative Connection through Dance and Movement. Workshop headed at The Experiential Psychotherapy and Unifying Personal Development Conference, Creative-Expressive Unifying Therapies and Continuous Personal Development. Bucharest, Romania.
- Mitrofan, I. (2013). Scenarios - Un-Storyboarding - Scenery. Workshop headed at the International Experiential Psychotherapy and Unifying Personal Development Conference, Creative Interconnections in Psychotherapy, Clinical Psychology, Education and Human Optimization. Bucharest, Romania.
- Mitrofan, I. (2012). The Dynamics of Supervision, the Interference between the Therapist and the Client (Patient), Existential Plans. International Conference of Experiential Psychotherapy and

Unifying Personal Development, Therapeutic Partnership, Unification and Inter-Discipline. Bucharest, Romania.

Mitrofan, I. (2010). Unifying Creative Meditation - Casual Journeys Towards the Self. Workshop headed at the Annual Transpersonal Psychology European Association Conference, The towards the awakening of the Self. Bucharest, Romania.

Presentations

I performed an internship for research, for gathering information and launching my own psychotherapeutic approach (Unification Experiential Psychotherapy) at the University Lumiere 2, Lyon, France and at the Psychopathology and Psychotherapy Research Institute Lyon, France where I held the informative seminar on Unifying Experiential Psychotherapy in front of bachelor, master and PhD students (March 2001).

I have officially launched the Trans-Generational Unifying Analysis in Romania (2006).

I have lectured about the Unifying Experiential Psychotherapy approach at the World Psychotherapy Congress in Vienna, Austria (2003), at the International Psychologists Council Conference in Greece (2004) and in Russia (2007).

Memberships

Founding Member of the Romanian Psychologists Guild

Member of the Romanian Psychology Federation

Member of the International Psychologists' Council

Hobbies

I like to paint since childhood. I write poetry and short prose since adolescence, when I won literature prizes.